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2HEARTS provides support for youth and families affected by congenital heart disease. 2HEARTS aims to ensure that all teens with congenital heart disease have the resources needed to lead stable, healthy lives.

2HEARTS provides a support network for children with Congenital Heart Disease. They get to meet others who have experienced similar pains and fears. They have a network of other kids who have scars and pacemakers and daily medicines; other kids who can understand what it feels like to spend weeks in a hospital, or not be able to participate in P.E., or wait years on the heart transplant list.

2HEARTS is also putting together workshops for teens and their parents. As these kids transition to adulthood they need to learn how to take responsibility of their own healthcare and become independent adults. 2HEARTS will provide them with the information they need to keep themselves as healthy and happy as possible.

### **5 Reasons to Support 2HEARTS:**

1. Congenital heart disease (CHD) is the #1 birth defect in the nation, responsible for the most infant deaths in our country.
2. Now, with recent medical advances, 80% of children are now living to see adulthood. In fact, the number of adults with CHD in the United States is rising exponentially and now exceeds 1,000,000
3. There is a complete absence of structured programs to guide transition into adulthood.
4. 2HEARTS is fighting to empower children, their families and their support system so that they can live happy, healthy and productive lives.
5. The medical community has done an amazing job at increasing the lifespan of children with heart defects, 2HEARTS aims to increase their quality of life.

[www.2-Hearts.org](http://www.2-Hearts.org)

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